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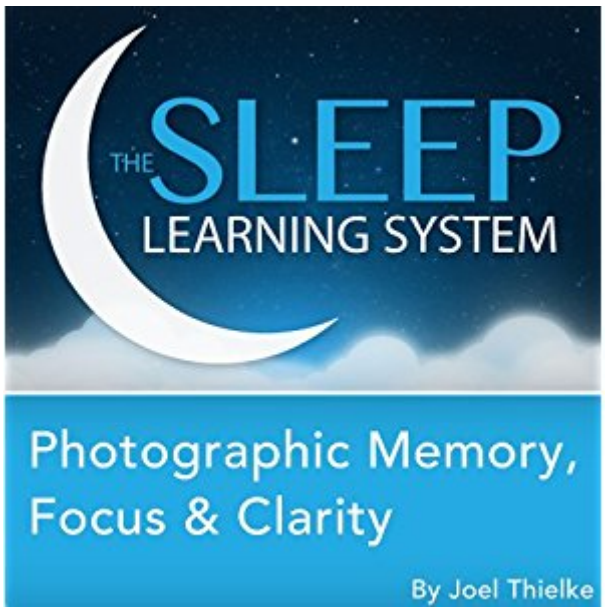
Photographic Memory, Focus & Clarity, Guided Meditation And Affirmations (The Sleep Learning System)



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Synopsis

**Now includes "Deep Sleep" as a Bonus Track!Train your brain to remember more details clarity, and increase your focus and concentration with the Sleep Learning System’s PhotographicMemory, Focus & Clarity, Guided Meditation and Affirmations, from certified hypnotherapist, Joel Thielke. You have the power to create a photographic memory. It’s as easy as turning on the track and falling asleep! The Sleep Learning System is specially designed to work with your subconscious mind during your sleep cycle. The guided meditation and soothing background music will deeply relax your body and mind for the perfect night’s sleep, while allowing you to access the deepest parts of your mind for faster and longer learning. You’ll feel well rested and energized when you wake up, and with every time you listen, your focus will increase and your memory will get sharper and sharper. Joel Thielke’s guided mediation system gives you positive suggestions that will help you quiet your mind and melt away stress, leaving your body deeply relaxed for a great night’s sleep. While you’re sleeping, the program will help you brain your mind so that you can create a photographic memory and mental clarity. The special Sleep Induction will gently guide you into your REM stage of sleep, working with your subconscious to make lasting change that you can see. This Sleep Learning System album comes with one long extended track that includes the Sleep Induction, guided meditation program, and bonus music and positive subliminals, providing hours of relaxation for your listening experience. Today is the day you start creating a photographic memory. You can do it, and Sleep Learning will help.

Book Information

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Customer Reviews

Great, but I think I would have enjoyed the audio better

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